



How to Apply as an Assistant

The assistants' program is designed to allow graduates of the Sensorimotor Psychotherapy® Training for Mental Health Professionals in refining their SP skills, as well as support their learning. Assisting at a training provides graduates with the opportunity to repeat a training at no cost, receive updated handouts, and integrate what they have learned through assisting and coaching students in the training.

Benefits of Assisting

- Attendance at an additional training at no cost to the Assistant
- Updated handouts for the level of training assisted
- Access to website videos and materials for the training assisted at no cost for the duration of the training.

Prerequisites for Assisting

1. Practicing legally for at least three years in your state, province, or country as a mental health professional
2. Completion of the level of training for which you are applying to assist
3. Certification in SP if applying to assist Sensorimotor Psychotherapy Certification
4. Ability to maintain appropriate ethical boundaries
5. Professionalism and maturity in personal presentation
6. Commitment to the field of psychotherapy and to SP as a therapeutic modality
7. Respected personally and professionally in the community

Required Skills

1. Ability to relate to and work effectively with students and colleagues.
2. Ability to work well as a team member
3. Open to receiving and assimilating feedback
4. Experienced with conducting a psychotherapy practice in either a private practice or clinic setting

Other factors that may be considered include cultural factors, proficiency in foreign language, educational background, and specific skills.

Steps to Apply:

1. Log into your SPI account at: www.sensorimotor.org
2. Select **My Trainings** at the top of the page
3. Above **My Courses**; select **Assistants Program Link**
4. At the bottom of the page, click on **Training Assistant Application**
5. Select the SPI Training you'd like to assist using dropdown menu.
6. Complete the application
7. Click "OK" to submit
8. You will be contacted by SPI staff once your application has been received