

SP Consultant Interns

Consultant Interns are actively participating to complete the SP Approved Consultant program. Interns are available to consult with SPI students.

Name	Location	Contact	Short Bio
Sherry Alamdari	Santa Monica, CA	P: 818-253-4829 E: sherry@sherryathrapy.com W: www.sherryathrapy.com	I am an LMFT in Santa Monica, CA, working both in person and online. I am able to see clients anywhere in the state of California. I work primarily with Developmental wounding and issues, Complex PTSD, and work with POC, using a cultural lens in working with trauma. I work with individuals from high school age to adult.
José Antonio Barbado Alonso	Col N.º 32321618	988 251558 (MIMAPA); 669503983 (MÓVIL) E-MAIL: barbado@mimapa.es	Tengo una formación humanista como psiquiatra, y desde el comienzo de mi formación me interese en la psicoterapia. Hice dos Másteres de terapia sistémica. Insatisfecho por el descuido que a lo emocional y a lo biográfico tenía el modelo, a partir del año 2000 me interesó el trauma y las terapias de abajo-arriba. Fui consultor de EMDR y soy certificado en Psicoterapia Sensoriomotor. Últimamente me he formado en Constelaciones Familiares. Mi trabajo diario consiste en un sincretismo de las formaciones recibidas. Ofrezco sesiones individuales y grupales (2-4 personas)
Cory Arthurs, MC, RCC	CAN - British Columbia	P: 778-385-5182 E: coryarthursrcc@gmail.com W: coryarthursrcc.com	I am offering individual and group consultation, with sliding scale available to individuals who experience finances as a barrier to accessing support. I use SP in my counselling work with adult individuals, with a focus on trauma (including developmental wounding), substance use, grief and loss, women's issues, and psychedelic integration. My private practice is based in Kelowna, BC, on the land of the traditional, ancestral, and uncaded territory of the syilx/Okanagan people- I am able to offer consultation to individuals both within, and out of, BC.
Berrith Augustus	NL	P: (+)31-652115343 E: info@praktijk-de-overkant.nl W: www.praktijk-de-overkant.nl	My name is Berrith Augustus. I work as a body-oriented therapist in a team that works with -mentalizing based therapy framework. I work with people with personality problems and DID. I work here both individually with clients and in therapy groups, in the groups I also work body-oriented and I use a lot of my sensorimotor skills. I work here for 21 years now, with pleasure. I also have my own practice where I work as a sensorimotor therapist. I have closed sensorimotor to my heart and would like to spread this work as well as help you take the next step in your journey within this beautiful work.

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Annabelle Coote, MA, LMHC, BC-DMT	USA – Massachusetts	P: 413-644-0171 E: hello@annabellecoote.com W: https://annabellecoote.com	Annabelle Coote is a seasoned somatic therapist who loves helping both clients and therapists discover the joy and fulfillment of creative and experiential work. Her interests include mindfulness, neurobiology, trauma, anxiety, women's issues, life transitions, cultivating creativity, and therapist resilience. She is an LMHC, board-certified dance/movement therapist (BC-DMT), and certified Sensorimotor Psychotherapist. With over 30 years of experience working with adults and adolescents, she now runs a private practice. Annabelle has authored book chapters on trauma and depression, and presents regularly at conferences. She offers individual and group Sensorimotor Psychotherapy consultation and welcomes self-formed student groups. See website.
Mushkan A. Defilippo MA, LPCC	USA – New Mexico	P: 505-577-0420 E: mushkan.defilippo@gmail.com W: www.mindfulsomatictherapy.net	I am a psychotherapist and SP Consultant in Training, specializing in relational, developmental wounding, PTSD, anxiety, depression, and attachment. My approach is somatic and relational, attending to the body, nervous system, and protective patterns shaped by early experience. I bring particular sensitivity to the intersection of psychological healing and spiritual development, integrating a nondual perspective and a deep interest in wholeness, aliveness, and authentic connection. I am also a Path of Love facilitator a student of Essence Work and bilingual in English and Italian.
Sue Hawkins, psychologist	AUS	P: 0405637449 E: shawkpsy@gmail.com W: hawkinspsychology.wordpress.com	Sue Hawkins is a registered psychologist and a certified sensorimotor psychotherapist in Private practice in Randwick, Sydney Australia. She started her career as a research scientist, completing her PhD in the area of immunology and genetics and then doing post doctoral studies in cancer research. A career change led her to study genetic counselling, and also gaining her psychology qualifications. She has worked in the areas of adoptions, couples counselling, infertility and genetic issues. She has a special interest in trauma, in particular, working with dissociative identify disorder.
Diane Hoekstra, PhD	USA – Virginia	P: 571-989-6100 x101 E: diane@yourtruenorththerapy.com W: yourtruenorththerapy.com	I am a Licensed Clinical Psychologist in Virginia. I work in a private practice setting with adults who have a history of complex trauma. I am Certified in Sensorimotor Psychotherapy and have completed Advanced Training in Trauma Informed Stabilization Treatment (TIST) with Janina Fisher, PhD. I am passionate about helping clients (and consultees!) to follow their calling and serve the world by using their unique gifts. I offer group and individual consultation (both in-person and online) and I am open to negotiating my fee.

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Kate Jhugroo, PG (dip) Psych UKCP accredited	UK	E: katejhugroo.practice@gmail.com W: www.katejhugrootherapy.co.uk	I am a UKCP accredited psychotherapist based in the UK. I have over ten years of experience in private practice working in both online and in person. I work with individuals with a wide range of presentations including trauma, complex trauma, depression and anxiety. I offer both small group and individual consultations online and in person in South West London. I have assisted on a number of training courses including level 1, level 2 and certification trainings. I love working with clients using sensorimotor psychotherapy and I aim to simplify sensorimotor work and give people confidence when using SP with their own clients.
Jennifer LaPointe, LICSW	USA - Massachusetts	P: 781-635-5663 E: lapointejen@yahoo.com	I provide individual and group consultation on a sliding scale with a lower rate for current SP students.
Marilyn Lavidas	Greece	P: +30 697-063-3850 E: marilyn.lavidas@gmail.com	I am a registered integrative psychotherapist with 15 years of experience. I am certified in Sensorimotor Psychotherapy, have assisted in both Level 1 and Level 2 trainings, and have extensive experience in trauma and attachment wounds. I am passionate about supporting you to integrate the SP work and principles into your practice, helping you feel more empowered, confident, and free to get creative in your therapy work with clients. I work in private practice and offer one to one online consultation sessions in English and Greek.
Liz Long Rottman, LPC, LMT	Boulder, CO, USA	P: 303-731-2881 E: liz@prosopontherapy.com W: prosopontherapy.com	I am a somatic psychotherapist, clinical supervisor, and educator. I completed SP level III in 2023 and serve as Regional Organizer for SP Denver. I am the founder of Prosopon Therapy, a private practice specializing in trauma and CPTSD, and I teach in the graduate counseling program at Naropa University. My clinical background spans complex trauma, dissociation, preverbal trauma, medically unexplained symptoms, and severe persistent mental illness. I bring a bodywork foundation and over 15 years of somatic practice to her consulting work.
Julia Lopez Orozco Valenzuela	Spain – Madrid	P: 722231012 E: julialopezorozco@gmail.com	Soy psicóloga Sanitaria y trabajo en una consulta privada en Madrid

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			Estoy certificada en Psicoterapia integrativa-relacional de Richard Erskine. La certificación en psicoterapia Sensoriomotor (2015) me permitió poder trabajar en conciencia plena e integrar el cuerpo. Mi Trabajo esta basado en la Psicoterapia Sensoriomotor junto con los modelos de partes de Yanina Fisher y IFS, y EMDR. También estoy especializada en los procesos de pérdidas y duelo. La mayoría de mis clientes acuden con Trauma, Trauma complejo y con procesos de pérdidas. Ofrezco sesiones de supervisión individuales y de grupo.
Bryan Maynard, LPC-MHSP	USA - Tennessee	P: 615-516-9985 E: bryan@soldaticenter.com W: www.soldaticenter.com	I offer individual and group consultation for SP Trainees. --Individual Consultation Sessions for 50 minutes are \$185 --Group Consultation Sessions for 100 minutes are for up to no more than 5 individuals in the group, no less than three individuals (cost for this session is \$370 divided by the number of group members per cohort).
Beatriz Martin Cabero	Spain	Bzmartin22@gmail.com	Beatriz Martín Cabrero. Soy psicóloga clínica y trabajo desde el 2001 en la red de salud pública. La certificación en Psicoterapia Sensoriomotriz (2015) me permitió integrar en profundidad el modelo y mis experiencias anteriores (otras técnicas corporales como bioenergética y danza-movimiento-terapia, y el modelo de Psicoterapia Integrativa del Dr. Erskine, en el que me certifiqué en el 2011). Desde hace 17 años trabajo en un hospital general. Realizo psicoterapia de las heridas emocionales y traumas que se originan o disparan ante la pérdida de salud y tratamientos médicos. Soy docente y tutora de residentes y alumnos de grado, e imparto cursos de habilidades de comunicación y gestión emocional para profesionales.
Rita Hassan Parker, DR	UK	E: ritahassanparker@gmail.com	I am a clinical psychologist, working primarily in NHS settings across. 10 years offering outreach services and DBT to adolescents who experience emotion regulation, identity, and self-harm issues, and their families. The last 4 years, primarily working with adults presenting with early childhood trauma. I have an emerging private clinic also. In addition to DBT, I am a certified sensorimotor therapist and trained in lifespan integration therapy. My therapeutic approach trusts in the system's innate capacity towards healing; in wisdom, spirit, and relational connection to transcend our limits and find self-compassion, clarity, flow.
Orit Paytan	USA – Virginia	P: (240) 382-2044 E: opaytan.lcsw@gmail.com	I am a trauma therapist specializing in complex trauma and dissociative disorders, working with adults in crisis within inpatient settings as well as with

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			individuals engaged in long-term outpatient therapy. In inpatient care, I provide supervision to clinicians who use Sensorimotor Psychotherapy in group format to help reduce suicidal ideation, self-harm behaviors, and emotional dysregulation. In outpatient work, I integrate Sensorimotor Psychotherapy with other trauma-focused modalities—including DBT, EMDR, Deep Brain Reorienting, and the Finding Solid Ground program—drawing on the latest neuroscience to support healing, regulation, and integration. I am currently offering individual and group consultation for clinicians seeking support in this work.
Tamara Perger, MSW, RSW	CAN – Ontario	P: 289-927-5364 E: tpvitalspirit@gmail.com	Tamara is a registered clinical social worker-psychotherapist in Ontario, Canada with over 27 years of experience. As a certified sensorimotor psychotherapist, she takes a strength-based holistic perspective to well-being which focuses on the mind-body-spirit connection as well as acknowledges the context for current day stress and the historical/ancestral/intergenerational roots of trauma. She believes in building practical skills to work with stress and trauma related experiences by blending in approaches of Mindful-Self Compassion, Narrative Therapy, Solution Focused Therapy, Emotional Freedom Technique, EMDR, and Sensorimotor Psychotherapy. As a yoga, qi gong and meditation teacher, her personhood and clinical therapy practice is informed by the principles of these wisdom traditions which honours the healing power and intelligence within.
Mirjam Plomp, Psychologist	NL	P: (+)31-634202547 E: mplomp@psychotherapieiden.nl W: www.psychotherapieiden.nl	As a psychotherapist I work in the Netherlands in a private practice where I work with adults with trauma and attachment-related problems. Since 2018 I am a certified sensorimotor psychotherapist. I assisted with the trauma course and currently with the advanced integrative training. In SP I have found the missing link in working with body and cognition/emotion. Central to me in working with SP is: Being curious about the development of the process, trusting the wisdom of the body, in a safe contact, based on fundamental principles.

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Tammy Rasmussen, MSW, RSW	CAN - Toronto	P: 647-234-7979 E: trasmussen.msw@gmail.com	I primarily do individual therapy but I also facilitate trauma groups, including somatic focused groups, at the agency I work at part-time. In both my agency work, and in my private practice, I also utilize EMDR, some Energy Psychology, and work with parts of self and structural dissociation. I am open to individual and small group consultation and can offer a sliding scale.
Stacy Sheridan, LPC	USA - Colorado	P: 303-868-5594 E: sscounseling3954@gmail.com W: www.sscounseling.com	Stacy Sheridan is a Licensed Professional Counselor in Colorado. She uses Sensorimotor, EMDR, mindfulness and attachment-based interventions to support individuals in their healing from trauma, specifically childhood physical and sexual abuse, as well as developmental ruptures that have taken up residence in one's body and mind. Over the years Stacy has also become passionate about supporting therapists on their own journey of well-being, guiding them towards trusting their own inner wisdom and strength. Stacy offers group and individual consultation, both in person and online.
Angela Thompson, LMSW CADC-M CCTP-II	USA – Virginia	P: 231-215-2535 E: athompsonlmsw@therapysecure.com	Angela Thompson is an Advanced Practitioner in Sensorimotor Psychotherapy with more than 20 years of experience in the mental health field. She specializes in complex PTSD and dissociative disorders. Having worked 17 years in community mental health before opening her private practice in 2016, Angela offers individual and group consultation. Individual sessions are available at \$120 per hour, or \$60 per person for groups of four for two hour sessions.
Yvonne Unrau Ph.D., LMSW-clinical (MI), LICSW (WA)	USA – Washington	P: 616-320-4294 E: yvonne.unrau@wmich.edu W: https://www.therapyden.com/therapist/yvonne-unrau	I am a happily retired professor of social work who maintains a small part-time private practice supporting adults navigating complex trauma and its lingering effects, including anxiety, depression, OCD, eating disorders, and somatic symptoms. Sensorimotor Psychotherapy (SP) is my primary modality because of how it helps me show up for clients and the powerful change it can facilitate. I value the conceptual, technical, and procedural aspects of SP and enjoy supporting therapists in applying it more effectively to the complexities clients bring to therapy. I am especially drawn to how SP fosters self-awareness, resilience, agency, and connection to innate wisdom.
Gagan Vasudeva, MSW RSW	CAN – Toronto	E: gagan.vasudeva@gmail.com	Gagan Vasudeva, (she/her/hers) is registered social worker with over 13 years of clinical experience. She got certified in SP in 2022. She is also certified in EMDR Therapy and often integrates EMDR therapy with SP along with compassion and mindfulness-based work.

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			Gagan is in private practice in Mississauga, ON, Canada (close to Toronto) with a focus on working with individuals on trauma, inter-generational trauma, grief, burn-out, and workplace stress. She has assisted with all levels of SP trainings multiple times. She supports SP therapists in refining their clinical attunement and effectiveness, while centering BIPOC voices and integrating culturally grounded wisdom into body-oriented practice.
Giulio Venturi	Italy	P: +34622045554 E: giulio.venturi@yahoo.es W: www.solipsis.es	Soy psicoterapeuta Sensoriomotriz certificado en 2015, formación básica en EMDR y acreditación en Mindfulness (REBAP). Trabajo con adultos. Las áreas de enfoque incluyen trastornos relacionados con el trauma, ansiedad, trastornos del estado de ánimo, problemas relacionados con el apego/relaciones. Permaneciendo fiel a los principios de la Psicoterapia Sensoriomotriz, especialmente la organicidad y la no violencia, mi filosofía en la práctica clínica es acompañar y capacitar a mis clientes para que sientan el potencial sanador intrínseco en sí mismo.
Anneke Vinke, PhD	NL	E: training@adoptiepraktijk.nl W: www.adoptiepraktijk.nl	Anneke JG Vinke, PhD, is a registered Dutch Child and Adolescent psychologist (Dutch BIG register GZ-psychologist and Orthopedagoog Generalist). She graduated in 1991 from Radboud University in Nijmegen, then embarked on scientific research and worked simultaneously in private practice. After her PhD in intercountry adoptions in 1999 at Utrecht University she worked as an academic teacher, as researcher and as staff in child protection services. In 2006 she decided to return to clinical work and started her private practice, specializing in assessments and treatment of intercountry adoptees of all ages. Her journey of finding the right treatment for these often early traumatized clients, led her to EMDR, Theraplay, Dyadic Developmental Psychotherapy, the Neurosequential Model of Therapeutics and Sensorimotor Psychotherapy, in all of which she sought training and supervision. The last decade the focus in all her work has shifted to the body and body based interventions. In her clinical work she combines elements of all approaches she was trained in, but ever since she certified in Sensorimotor, this approach is in the lead. She has a combined practice with children, youth, parents, parent-child dyads, families and adults, all of whom touched by adoption or foster care experiences.

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Yaelle Yoran	USA – New York	E: yayoran@yahoo.com	I am a seasoned somatic trauma therapist with a private practice in New York, specializing in working with adults navigating C-PTSD, developmental and sexual abuse, and relational trauma. I am a Licensed Clinical Social Worker (LCSW) in New York and New Jersey, trained and certified in multiple trauma-processing modalities, including Sensorimotor Psychotherapy, Brainspotting, Internal Family Systems, EMDR, and NLP. With a deep interest in neurobiology, I integrate the principles of Polyvagal Theory into my clinical work. Although my approach is eclectic, my core therapeutic framework is grounded in Sensorimotor Psychotherapy, which continually informs and guides my practice. In addition to my private practice, I teach and supervise in the Trauma Program at the Institute for Contemporary Psychotherapy in New York, where I developed the two-year Trauma Studies Center curriculum. Since completing my own Level I Sensorimotor Psychotherapy training in 2019, I have become certified and have assisted in multiple Level I, Level II, and Level III trainings. I am passionate about supporting emerging Sensorimotor Psychotherapists in building confidence and competence as they integrate these principles into their clinical work. I offer individual and small-group consultation in both English and Hebrew.
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